



**Cynthia Garrison** has worked with families in the North Texas area for 15 years for organizations such as Practical Parent Education, Plano Independent School District, Region 10, Parenting Partnerships, and her own private practice, *Positive Conflict Solutions, LLC*. She has been featured in the Dallas Morning News, Plano Profile and interviewed by Cooper Clinic and Fox 4 News Station. She is also a published author with works in college text books such as, Wisdom for Parents, edited by Robert Keim and Arminta Jacobson, and articles in research journals.

Cynthia is a trainer for professionals working with parents in school districts and organizations, a practitioner of Family Life Education, marriage education, and parent education for organizations, churches, families, and individuals. She is on the Board of several organizations, such as This Side Up! Family, Texas Association of Parent Educators (TAPE), Texas Council on Family Relations (TxCFR), and others. She is an expert in her field with all her knowledge and education, but most importantly very relevant as she herself is a wife and parent.

She has been married to Kenny for 27 years and has two children, a daughter who is 21, who attends Texas Woman's University and a son who is 18 who is a senior in High school. She and her family are active members of their church. In her spare time, Cyndi likes to read, garden, and travel.

Cynthia's dynamic personality and humor make her a highly sought after speaker, while her practical, real life examples and strategies propel her to the title of expert in her field. Cynthia's specialties are: understanding child behavior and identifying appropriate strategies, teaching anger management and communications skills, problem solving for families, and mediating conflicts.

#### Career/Educational and Certification Highlights:

- Master's degree in Child and Human Development and Family Studies
- Master's Minor in Counseling
- Bachelor's degrees in Child and Human Development and Family Studies
- Certified Family Life Educator
- Certified Parent Educator
- Certified Anger Management Specialist
- Parenting Coordinator and a Mediator for families.